



Adult Requirements

Belt	Grade	Traditional Kata	Kobudo	Tuite	Ippon Kumite	Misc Exercises	Time in Grade & Age
White	10 kyu	Fu Kyu Gata Ichi			White Belt	Warm-ups 25 Basics	3 months
Blue	9 kyu	Fu Kyu Gata Ni		Self Def 1-3	Blue Belt	Koteatie Set #1	3 months
Purple	8 kyu	Fu Kyu Gata San		Self Def 4-6			3 months
Orange	7 kyu	Wansu	Bo Exercises Bo 1	Self Def 7-10 7 kyu tuite 1-7		Kick Drills	3 months
Green - 1 stripe	6 kyu	Pinan 1	Bo 2	6 kyu tuite 1-10	Green Belt		3 months
Green - 2 stripe	5 kyu	Pinan 2	Sai Exercises Bo Jitsu	5 kyu tuite 1-5		Koteatie Set #2	3 months
Green - 3 stripe	4 kyu	Naihanchi 1 Pinan 3	Sai 1	4 kyu tuite 1-5			3 months
Brown - 1 stripe	3 kyu	Naihanchi 2 Ananku	Bo tai Bo Bo 3	3 kyu tuite 1-5	Brown Belt	Koteatie Set #3	4 months
Brown - 2 stripe	2 kyu	Naihanchi 3	Kama Exercises Sai 2	2 kyu tuite 1-5			4 months
Brown - 3 stripe	1 kyu	Pinan 4 Seisan	Kama 1 Sai Jitsu	1 kyu tuite 1-5			7 months

Note: Above is required to test for Shodan.

Black	Shodan	Passai Sho Pinan 5	Bo 4 Sai 3 Suishi no kon Sho		Black Belt	Black Belt	12 months 16 yrs old
No stripes on Black Belts	Nidan	Passai Dai	Tonfa Exercises Tokumine no Kon				24 months 18 years old
	Sandan	Chinto Jion	Tonfa 1 Kama 2				24 months 22 years old
	Yondan	Gojushiho	Nunchaku Exercises Teco 1				36 months 27 years old
	Godan	Kusanku	Nunchaku 1 Sakugawa no Kon Sho				36 months 35 years old
	Rokudan	Rohai 1	Sakugawa no Kon Dai				48 Months 40 years old
	Nanadan		Kai Jitsu Tsuken Suna Kake no Kon				45 years old

